# Performance

When migrating content, **suspend cache invalidation and flush the cache afterwards**.

With that in mind, the following optimisation reduces the number of database queries to 1:

```
-□□$post_data = [
-□□□'ID' => $post_id,
-□□□'post_content' => $content,
-□□];
-
-□□$updated = wp_update_post( $post_data, true );
+□□$updated = $wpdb->update(
+□□□$wpdb->posts,
+□□□[
+□□□□'post_content' => $content,
+□□□],
+□□□[
+□□□□'ID' => $post_id,
+□□□]
+□□);
```

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